



PARENT WORKSHOP: BUILDING RESILIENCE THROUGH LOSS AND ADVERSITY

Workshop Summary:

Through Parent Education, Good Grief Schools provides training on grief and trauma-informed practices to increase awareness, sensitivity, and understanding on the impact of loss and adversity. Caregivers will learn about the breadth of adversity, its effect on behaviors, learning, relationships, and wellbeing, and strategies to be responsive and build resilience at home.

Learning Goals

- Explore the landscape of loss and adversity and their impact on children and adolescents.
- Discuss the multidimensional nature of the grief response and its social and emotional impact.
- Share strategies for creating a safe space for children and adolescents to reflect, grieve, and move forward with purpose and intention.

Date and Time

Tuesday, December 14, 2021 at 7:00 p.m.

Register in advance for this meeting:

<https://us02web.zoom.us/meeting/register/tZlldeyqjiliHNUEjrVDwPkWrWMV-UAocGXq>

Presenter Bio

Jesse Bassett is the Head of Training and Curriculum for Good Grief, a nonprofit organization based in New Jersey. For the past seven years, Jesse has worked closely with professionals, parents, volunteers, and caring members of the community to train, guide, and support through grief and loss. Jesse has led efforts to develop curriculum and programming for the Good Grief Schools initiative, which seeks to build resilience in classrooms.

About Good Grief: Good Grief is a New Jersey-based nonprofit whose mission is to build resilience in children, strengthen families, and empower communities to grow from loss and adversity.

LEARN MORE

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