

# 19<sup>TH</sup> ANNUAL BOB BECKERT MEMORIAL 5K RUN/WALK

Watchung Hills Regional High School, Warren, NJ

## ● When? ●



## ● Schedule ●

REGISTRATION



8:30 am

RACE START



10:00 am



500 Point Event



2022  
Grand Prix



**Entry Fees**

- Pre-registration (postmarked by 5/19): \$25 person (\$22 USATF members)
- Late registration (after 5/19): \$28 person (\$25 USATF members)

*100% of profits go to scholarship awarded at WHRHS in Bob Beckert's memory!  
Flat and scenic race route!*



**Amenities & Prizes**

- T-shirts guaranteed to those pre-registered online
- Water, fruit, donuts, bagels and raffle prizes!
- Prizes for top 3 men and women per age group in 5K race (under 14, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 & over)



**Registration (2-ways)**

- (1) Online at [www.Run4RJB.com](http://www.Run4RJB.com)
- (2) Mail this completed form to "Bob Beckert Memorial Fund, 44 Hilltop Road, Millington, NJ 07946"



**Directions**

- **ROUTE 78 EASTBOUND:** Take Rt 78 to Exit 36. Bear right off exit onto King George Rd, go to second light, and make a left onto Mountain Ave. Take Mountain Ave to 2nd light (Regional Drive) and enter High School.
- **ROUTE 78 WESTBOUND:** Take Rt 78 West to Hillcrest Rd, Exit 40, bear right off exit. Turn left at 4-way stop onto Mountain Ave. Proceed down Mountain Ave to first light, Regional Dr. Take a left to enter High School.



**Contact**

Kristin Ryan  
(908) 391-6307  
[Run4RJB@gmail.com](mailto:Run4RJB@gmail.com)



**Location**

Watchung Hills Regional High School,  
108 Stirling Road,  
Warren, New Jersey 07059

Official Entry Form -- One form required for each 5K participant

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Street address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Age day of the race: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ 2022 USATF-NJ#: \_\_\_\_\_

Male: \_\_\_\_ Female: \_\_\_\_

T-Shirt Size: Adult S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ XXL \_\_\_ (For kids select Adult S)

I, the undersigned, know that running is potentially hazardous activity. I should not enter unless I am medically able and properly trained I assume all risks associated with running this event, including, but not limited to falls, contact with other participants, the effects of the weather, including how high or low the temperatures, and/or humidity, traffic and other conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, myself and anyone entitled to act on my behalf waive and release the race directors and all organization committees, Watchung Hills Regional High School, the town of Warren and all sponsors, their representatives, employees and successors and the race volunteers from any and all claims and liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Parent/Guardian (if child under 18) \_\_\_\_\_