

## **2024-25 Guidelines for NCAA Signing Days**

To celebrate our student-athletes who will be continuing their athletic careers in college, Watchung Hills has established guidelines for signing days. We have aligned our dates with the official NCAA signing periods, which are coordinated with the National Letter of Intent (NLI) program. The NLI is a binding agreement between the student-athlete and a Division I or Division II academic institution, which has offered the student-athlete financial aid. We also have a spring signing day for Division III student-athletes.

The athletics office will share signing day photographs and information with the local media. Student-athletes planning to continue their athletic careers in college should let the athletics office know as soon as the NLI has been made available or the student has been admitted to the academic institution.

**For 2024-25 school year, the following dates are in effect:**

### **Fall Signing Day: November 13, 2024**

All student-athletes who have an NLI will be recognized during this signing session. Based on the NCAA's recommendation, student-athletes with a commitment to a Division I or Division II institution that does not offer NLIs (Ivy League Schools and Service Academies, for example) will be invited to participate. This signing day will be for all sports except football.

### **Winter Signing Day: February 5, 2025**

All football student-athletes who have an NLI will be recognized during this signing session; and all other Division I and Division II athletes that committed to schools after the November 9, 2023 signing date. Based on the NCAA's recommendation, student-athletes with a commitment to a Division I or Division II institution that does not offer NLIs (Ivy League Schools and Service Academies, for example) will be invited to participate.

### **Spring Signing Day: May 7, 2025**

All student-athletes who will be continuing their athletic careers at a Division III school will be recognized during this session. Student-athletes may bring the NCAA Division III Student-Athlete Celebratory Signing Form. Division I or Division II student-athletes who committed after the fall and winter signing dates are invited to participate.